

## AGING AT HOME: THE NUMBERS AND THE NEED (U.S.)

### An Aging Population

- 10,000 people turn 65 every day
- 40.3 million people were 65 or older in 2010...72 million will be 65 or older by 2030
- 13% of the total population is age 65 or older (2010)
- 79 million people in the Baby Boom cohort (born 1946-1964)
- 1957 was the peak year for Boomer births ... those babies just turned 55

### A Growing Group of Caregivers

- 43.5 million adults provide unpaid care to an adult family member or friend age 50 or older (2009)
- 50 years old – average age of caregivers (two thirds women, one third men) (2009)
- 77 years old -- average age of care recipient (most often the caregiver's mother) (2009)
- 77% of caregivers say they need more help or information about at least one facet of care
- 38% say they need more information about keeping the person they care for safe at home

### People Are Ready, Willing and Want to be Able to Stay Home

- Among all the age groups, **home ownership rates are highest for older adults**
- **90% of people 70 and over live in conventional housing**
- **90% of persons older than 65 prefer to remain in their own homes**; nearly half of households with people ages 65 to 74 report difficulty with at least one physical activity
- **More than half the people 85 and older are able to carry out basic functions**
- Half of all households are held by Baby Boomers (39%) or people 75 or older (10 percent in 2012)
- One in five households is headed by people age 55 to 64; more than one third of households with people in that age bracket report difficulty with at least one physical activity
- **58% of care recipients live in their own homes**, 20% live in caregiver homes
- 38% of care recipients live in the suburbs; 32% live in cities; 28% are rural

### So What's the Problem?

- **It's estimated that less than 10% of the nation's housing units are fully accessible**

*Sources: AARP, Columbia University, Family Caregiver Alliance, National Alliance for Caregiving, National Association of Home Builders, U.S. Administration on Aging, U.S. Census Bureau*